Connecticut Valley Hospital Physical Therapy Services

Competency of Equipment Skills Check Off List

#1 – Basic, 2 or 3 steps, Non-Electric

EQUIPMENT	ANNUAL DEMONSTRATION
Bicycle – Stationary	
Bicycle – Recumbent	
Upper Extremity Ergometer	
Theraband	
TherPutty	
Rowing Machine	
Cuff Weights	
Leg Press	
Easy Stand 5000	
Rocker Board	
Universal Weight Machine	
Bed Board	
Shock Blocks	
Ankle ProStretch	
Walkers – All types	
Crutches - Axillary	
Crutches - Loftstrand	
Cane – 4 Point	
Cane – Walkcane	
Cane – Single Point	
Cane – for the Visually Impaired	
Parallel Bars	
Wheelchair – one arm drive	
Wheelchair – all other non-electric	
Exercise Mat	
Weight Bench & Free Weights	
Stairs – with cane, rail & crutches	
Wall Pulleys – Tri-Plex	
Wall Pulleys - Shoulder	

ACCEPTANCE – COMPETENCY BASED ON NO EVIDENCE OR PATTERN OF PROBLEMS

#2 – Advanced Training Required, Electric

EQUIPMENT	ANNUAL DEMONSTRATION
Sara Lift	
Century Tub	
Whirlpools – All types & Cleaning	
Paraffin Bath	
Orthotics	
Hot Packs	
Cold Packs / CryoCuff	
Sphygmonanometer	
Stethoscope	
Wheelchair Scales	
Massager	
Dynamometer (Grip & Pinch)	
Treadmill	
Marisa Lift	
Handicapped Van	
Low Bed, Floor Mat & Bed Alarm	
Seat Belt and Alarm	
Wheelchair/ Seat Alarm	
Nu-Step TRS 4000	
KAT Balance Trainer	
Biodex Recumbent Elliptical Machine	
Wheelchair - Electric	
Electric Stimulation	
NMES	
Tilt Table	
Prosthetics	
Infrared Lamp	
Jobst Compression Unit	
TENS	
TENS Probe 900	
Traction – Cervical (Electric)	
Traction – Cervical (Non-Electric)	
Traction – Pelvic (Electric)	
Ultrasound	
Phonophoresis	
Iontophoresis	
PhysioTools Computer Ex. Program	
Laser Therapy	
Fluidotherapy	

ACCEPTANCE – COMPETENCY BASED ON NO EVIDENCE OR PATTERN OF PROBLEMS